

## All Day Breakfast

<b>GOLFERS BREAKFAST</b>	<b>22</b>
Grilled minute steak, sunny side up, toast, streaky beef and baked beans	
<b>EGGS TO ORDER</b>	<b>21</b>
Potato hash-brown, baked beans, breakfast sausage or streaky beef	
<b>EGGS AU COCOTTE</b>	<b>18</b>
Baked eggs, tomato, cheese, mushroom and smoke duck	
<b>NASI LEMAK</b>	<b>16</b>
Coconut milk fragrant steamed rice, chicken rendang, hard boiled egg, sambal and side condiments	
<b>ROTI PARATHA</b>	<b>14</b>
Chicken curry, dhal and onion sambal	

## Soup and Appertizers

<b>SOUP OF THE DAY</b>	<b>10</b>
Chef's choice	
<b>CREAM OF POTATO SOUP</b>	<b>12</b>
Served with garlic croutons	
<b>TRADITIONAL FRENCH ONION SOUP</b>	<b>12</b>
Served with cheese croutons	
<b>GARLIC BREAD</b>	<b>10</b>
Grilled French baguette, garlic butter and herbs	
<b>CAESAR SALAD</b>	
Romaine lettuce croutons and parmesan cheese	
<b>Choice of Regular [V]</b>	<b>21</b>
<b>Choice of Grilled Chicken Breast</b>	<b>25</b>
<b>Choice of Smoked Salmon</b>	<b>29</b>
<b>COBB SALAD</b>	<b>26</b>
Fresh mixed lettuce, chicken, Swiss cheese, hard-boiled egg, beef bacon, tomato and chive	

## Sandwich and More

All our sandwiches served with French fries

<b>CHICKEN QUESADILLA</b>	<b>25</b>
Chicken, cheese, jalapenos, capsicum, guacamole and sour cream	
<b>CHICKEN TIKKA WRAP</b>	<b>23</b>
Indian spiced chicken filets, bell peppers, onion, tomato, cheese, in tortilla with raita	
<b>THE ELS CLUB SANDWICH</b>	<b>27</b>
Grilled chicken breast, egg, beef bacon, tomato, lettuce, cheddar cheese in white or brown bread	
<b>ERNIE'S BURGER 6oz</b>	<b>32</b>
Beef burger, beef bacon, fried egg, cheddar cheese, tomato, caramelized onion and gherkin	
<b>TROONFIT SANDWICH [V]</b>	<b>22</b>
Fresh mixed salad, tomato concasse, baked beans with wheat bread	

## Quick Bites

<b>VEGETABLE SPRING ROLL [V]</b>	<b>10</b>
½ dozen spring rolls, mango chili sauce	
<b>POTATO CURRY PUFF</b>	<b>12</b>
½ dozen curry puff	
<b>SATAY</b>	
Served with condiments and peanut sauce	
<b>Choice of ½ dozen</b>	<b>21</b>
<b>Choice of 1 dozen</b>	<b>37</b>
<b>SPICY ONION SAUSAGE</b>	<b>11</b>
Sautéed with onion and bird's eye chili	
<b>CHICKEN GYOZA</b>	<b>15</b>
½ dozen, spicy soya sesame dipping	
<b>SALTED EDAMAME BEANS</b>	<b>12</b>
Slightly salted steamed beans	
<b>PANKO CRUSTED CALAMARI</b>	<b>15</b>
Crispy crumb calamari with mayo base dressing	



TWO SIX ONE

<b>BUFFALO CHICKEN WINGS</b>	<b>28</b>
½ dozen chicken wings served with cheese dressing	
<b>BASKET OF POTATO POUTINE</b>	<b>16</b>
Steak fries, cheese and beef gravy	
<b>JEMPUT-JEMPUT IKAN BILIS</b>	<b>12</b>
Anchovies fritters served with coriander sweet chili	
<b>FRIED WONTON</b>	<b>15</b>
½ dozen shrimp wonton, chili sauce	

## International

<b>FISH AND CHIPS</b>	<b>28</b>
French fries, lemon and tartar sauce	
<b>SPAGHETTI MARINARA</b>	<b>39</b>
Mixed seafood, thick tomato gravy, cheese	
<b>FETTUCCINE</b>	<b>33</b>
Smoked duck breast, cream, garlic, tomato concasse, cheese	
<b>SEABASS FILET</b>	<b>42</b>
Pan-fried, grilled vegetables, potato wedges, yellow pepper sauce	
<b>GRILLED SPRING CHICKEN</b>	<b>38</b>
Sweet corn mixed vegetables, potato wedges, mushroom sauce	
<b>RIBEYE STEAK</b>	<b>62</b>
Sautéed spinach, roasted garlic mash potato, gravy	
<b>CHARBROILED BEEF TENDERLOIN</b>	<b>72</b>
Wok-fried capsicum, potato wedges, black peppercorn sauce	
<b>LAMB RACK</b>	<b>47</b>
Grilled lamb rack with cilantro potato cake, vegetable ratatouille, mint sauce	
<b>LAMB SHANK [Signature Dish]</b>	<b>48</b>
24-hour slow baked baby lamb shank, mash potato, beans, au juice	

## Local Delights

<b>FRIED NOODLE</b>	<b>21</b>
Wok fried bee hoon or yellow noodle, fish cake, prawn and vegetables	
<b>CHAR KWAY TEOW</b>	<b>21</b>
Stir-fried flat rice noodle with prawns, bean sprout, in light spicy sauce	
<b>261 FRIED RICE [N]</b>	<b>24</b>
Shrimp fried rice with fried egg and satay	
<b>PAD KRAPOW GAI</b>	<b>26</b>
Spicy minced chicken, fresh Thai Basil, fried egg, jasmine rice	
<b>TERIYAKI GLAZED SALMON FILET</b>	<b>48</b>
Pan-fried, pickle vegetables, jasmine rice	
<b>LAKSA JOHOR</b>	<b>22</b>
Fish based gravy with kesum leave over spaghetti noodles served with condiments	
<b>LAMB ROGAN JOSH</b>	<b>31</b>
North Indian lamb curry served with basmati rice, papadum and cucumber raita	
<b>THAI CURRY</b>	
Curry chicken served with steamed rice and papaya pickle	
<b>Choice of Vegetarian</b>	<b>22</b>
<b>Choice of Chicken</b>	<b>28</b>
<b>Choice of Seafood</b>	<b>36</b>
<b>OXTAIL ASAM PEDAS</b>	<b>28</b>
Slow cooked spicy hot and sour oxtail fried okra, rice	

## From the Pastry

<b>CRÈME BRULEE</b>	<b>14</b>	<b>FRESH FRUITS PLATTER</b>	<b>12</b>
Cinnamon flavoured Crème Brulee		3 types of sliced tropical fruits	
<b>CHOCOLATE LAVA CAKE</b>	<b>14</b>	<b>ICE CREAM</b>	<b>5</b>
Served with ice cream and fan wafer		1 scoop of chocolate, vanilla or strawberry	
<b>BREAD &amp; BUTTER PUDDING</b>	<b>14</b>		
Served with vanilla sauce			

TroonFIT Dishes under 500 calories [A] Alcohol [N] Nuts [V] Vegetarian

All prices are quoted in Ringgit Malaysia and subject to 6% SST