

## Starter

- Fried Soft Shell Crab** 22  
With spicy chilli dipping
- Scallop Salad with Tomato Salsa** 25  
Marinated grilled scallop with tomato cilantro salsa
- Mixed Garden Green Salad** 15  
Mesclun greens, capsicum, cherry tomato, onion ring and dressing

## Soup

- Spicy Lentil Soup** 10  
Lentil broth with coriander and crispy naan bread [N]
- Clam Chowder Soup** 12  
Parmesan crisp
- Crab Meat Soup** 16  
Chinese crab meat, julienne vegetables and parsley

## Sandwich and Burger

- Served with coleslaw and choice of French fries or side salad
- Lembah Club Sandwich** 26  
Malaysian spice marinated grilled chicken, fried egg, turkey ham, sliced cheese and fresh salad
- Valley Burger** 32  
Tandoori spiced lamb patties, iceberg lettuce, pickled onions, cucumber raita
- Croque Madame** 26  
Grilled ham, cheese and fried egg
- Tuna Sandwiches** 18  
Tuna salad, French bread, garlic butter

## Snacks

- Onion Pakoda** 12  
Battered onion with mint raita
- Nachos** TroonFIT 12  
Served with tomato salsa and sour cream

## International Flavour

- Chicken Piccata** 36  
Pan-fried butterfly chicken breast, angel hair pasta, lemon butter sauce
- Grilled Rib Eye Steak** 62  
Salsa Verde, fire roasted black pepper sauce and grilled potato
- Seared Blackened Salmon Steak** 48  
Potent lentil stew, sautéed spinach and chilli aioli TroonFIT

## Indian Flavour

Served with papadum and mango chutney, choice of plain naan bread or basmati rice

- From the Tandoor** 29  
Marinated chicken, onion pickle, mint chutney, dhal and lime
- Lamb Masala** 28  
Slow cooked aromatic thick spicy lamb stew
- Paneer with Spinach** 22  
Cottage cheese and spinach in creamy sauce

## Local Delights

Served with steamed white rice, vegetable pickles and prawn crackers

- Kung Pao Chicken** 22  
Wok-fried sweet and spicy chicken, mixed capsicum, cashew nut [N]
- Stir Fried Szechuan Beef** 24  
Wok-fried spicy beef strips, garlic and preserved Chinese mustard
- Beef Rendang** 26  
Braised beef in coconut milk with lemongrass
- Oxtail Assam Pedas** 28  
Slow cooked spicy hot and sour oxtail, fried okra, rice
- Valley Chicken Rice** 26  
Served with spicy chili and chicken broth
- Fried Kway Teow** 21  
Flat rice noodles stir-fried with seafood, beansprout and chives
- Fish Head** 36  
Fish head simmer in curry gravy or Spicy hot and sour assam pedas



## Desserts

- White Pot** 8  
Raisin bread egg custard
- Chocolate Cake** 14  
A piece of chocolate cake with cream, strawberry and pistachio nut topping
- Ice Cream Per Scoop** 5  
1 scoop of chocolate, strawberry or vanilla
- Sliced Cut Fruits** 10  
Assorted sliced cut fruits

## Breakfast

### Eggs to order

Potato hash brown, breakfast sausage, bean stew and grilled tomato 21

**Pancake** 12  
Maple syrup

**Plain Dosai / Masala** 12  
Served with tomato and coconut chutney, chickpea curry and mint Raita

**Roti Paratha** 14  
Served with chicken curry, dhal and onion sambal

**Nasi Lemak** 16  
Fragrant steamed rice cooked in coconut milk, chicken rendang, hard-boiled egg, sambal and side condiments [N]

**Fried Mee Mamak** 21  
Spicy fried egg noodles with potato, tomato and fried bean curd

**Lontong** 18  
Served with rice cube, hard-boiled egg, coconut shrimp paste gravy and sambal

**French Toast** 12  
Served with honey, butter and jam

## Wine

### White Glass Bottle

**Ernie Els Big Easy White** 58 228  
Light, semi dry and buttery sensation, great hints of sweet tropical fruit

### Red

**Ernie Els Big Easy Red** 58 228  
Light spice, semi dry with a blend of cherry and honey comb finish.

## Champagne and Sparkling Wine

**Banfi Piemonte - Asti Spumante DOCG** 480

## House Wine

**Jacob's Creek Chardonnay** 32 168  
**Jacob's Creek Merlot** 32 168

## Beer Can Bottle

**Carlsberg** 21 21  
**Tiger, Heineken, Guinness, Asahi** 23 23  
**Somersby** - 21  
**Corona** - 26

All prices are quoted in Ringgit Malaysia and subject to 6% SST

## Non - Alcohol Beverages

### Soft Drinks 8

Coca Cola • Coke Light • Sprite  
Tonic Water • Ginger Ale • Soda Water  
Soya Bean • Isotonic Drink

### Gatorade 12

### Fresh Juices 12

Orange • Watermelon • Honey Dew  
Pineapple • Carrot

### Chilled Juices 10

Orange • Apple • Mango • Pineapple

### Still Natural Mineral Water

Mineral Water 7

Evian 16

## Sparkling Water

San Pellegrino 15

## Hot & Cold Beverages

### COFFEE 11

Espresso • Black Coffee • Americano  
Macchiato • Cappuccino • Latte • Nescafe  
Teh Tarik • Iced Coffee

### TEA 9

English Tea • Earl Grey • Darjeeling • Green Tea  
Ice Lemon Tea • Hot Lemon Tea

### HERBAL TEA 10

Camomile • Peppermint • Jasmine

### HOT CHOCOLATE 10

## Lembah Specialties Drink

Plain Lassi 16

Fruit Lassi 20

Mexican Lemonade 18

Lime & Lemongrass 18

Cendol 20