Chef's Selection

Cher's Selection	
Lembah Club Sandwich [*] [N] Grilled chicken breast, egg, turkey bacon, tomato, lettuce, and cheddar cheese, served with fries	32
Grilled Boneless Chicken Chop Seared marinated chicken leg served with seasonal vegetables and fries with mushroom sauce	32
Fish & Chips Served with steak fries and tartar sauce	32
Chicken Quesadilla Grilled chicken breast, cheese, jalapenos, capsicum, guacamole, sour cream served with fries	32
Chicken Ciabatta Grilled chicken breast, cheese, tomato, sliced onions, cucumber and lettuce served with fries	32
Lamb Stew Carrot, celery and potato served with butter rice	34
Lembah Burger 8oz beef patty, turkey bacon, cheese, tomato, onions, caramelize onion, sliced dill pickles and fried egg served with fries	44
Pasta	
Fettuccine Carbonara [*] [N] Creamy egg yolk, prawns, sliced turkey bacon, garlic, onion, mushroom, basil and thyme, served with grated parmesan cheese and garlic bread	32
Spaghetti or Penne Bolognese Mince beef with tomato paste, garlic, onion, carrot, celery, basil and tyme, served with grated parmesan cheese and garlic bread	32
Spaghetti Aglio e Olio [*] [N] Served with prawn, red pepper flakes, bird's eye chili, sliced olive, mixed capsicum and garlic served with garlic bread	32
Penne Pasta With Meatball [N] Mince chicken meat with tomato paste, garlic, onion, carrot, celery, basil and thyme, served with grated parmesan cheese and garlic bread	32
Quick Bites	

Quick Bites

French Fries	8
Vegetable Spring Rolls (1/2 Dozen)	10
Potato Curry Puff (1/2 Dozen)	10
Fried Onion Ring	12
Garlic Bread (1/2 Dozen)	12
Fried Calamari	14

Local Cuisine Malaysian Omelette With chili, onions and spring onion Wok-Fried Mix Vegetables Stir-fried broccoli, cauliflower, carrot, black mushroom, mixed bell pepper with oyster sauce Char Kway Teow Stir-fried flat rice noodles with prawns, chicken, fish cake, and beansprouts in a light spicy sauce Fried Bee Hoon Wok-fried rice vermicelli with prawns, fish cake, chicken, and vegetables Fried Mee Mamak [S] Wok-fried yellow noodles with vegetables, prawns, fish cake and shredded chicken Char Hor Fun Rice noodles in egg gravy with fish cake, prawns, chicken and vegetable Wonton Noodle Soup Egg noodles with dumplings, chicken,

10

12

32

32

32

32

32

32

32

32

34 60

38 68

mushroom and choy sum

Lembah Fried Rice [S] Wok-fried rice with chili paste, shrimp, vegetables, prawn crackers and served with chicken satay and fried egg

Pineapple Fried Rice Wok-fried rice with dice pineapple, vegetables, prawn tempura and served with chicken satay and fried egg

Ayam Penyet Fried boneless Javanese spiced chicken thigh served with steamed rice, sambal and crackers

Lembah Chicken Curry Served with steamed rice and papadum	32
Kung Pao Chicken Stir-fried cubes of chicken, peanuts, vegetables and peppers with sweet-spicy sauce	32
Black Pepper Beef Tender strips of steak, stir-fried in black pepper sauce with peppers and onions served with steamed white rice	36
Lembah Chicken Briyani Served with dhal, pickles, boiled egg and papadum	36
Fried Seabass with 3 flavour Deep fried seabass with 3 flavours, sour, sweet and spicy served with steamed rice	40
Lembah Mutton Briyani Served with dhal, pickles, boiled egg and papadum	40
Oxtail Asam Pedas [S] Served with steamed white rice and vegetables pickles	42
Oxtail Soup Kaffir lime and lemongrass-flavoured Thai soup with tomato, celery, bird's eye chili and onion, served with steamed white rice	42
Fish Head Special [S] A Red Snapper fish head curry with okra and served with steamed rice and papadum Choice of Curry or Asam Pedas	42

Satay [N]	
Beef or chicken, served with peanut sauce and condiments	
Choice of 1/2 Dozen Choice of 1 Dozen	
Chicken Wings	
Chicken Wings Tossed with sweet chili or smoked BBQ sauce	

Dessert Delights

Ice Cream One scoop of chocolate, vanilla or strawberry	5
Cendol	12
Lai Chi Kang	14
Honey Sea Coconut	14
Affogato Espresso with vanilla gelato	14
Fresh Fruits Platter	15

Troonfii Dishes under 500 calories [S] Spicy [N] Nuts [V] Vegetarian [*] Vegetarian options available

All prices are quoted in Ringgit Malaysia and subject to 6% SST and 10% Service Charge

Breakfast

Toast Selection Wholemeal Bread • White Bread	5
French Toast Served with maple syrup, butter, and jam	8
Roti Paratha [N] Served with chicken curry, dhal, and sambal	12
Egg and Bacon Roll [N] Turkey bacon, and fried egg on soft roll	16
Nasi Lemak [N] [S] Served with chicken rendang, hard boiled egg, sambal, and condiments	18
Big Breakfast [N] Egg, chicken sausages, turkey bacon, hash browns, sautéed mushrooms, baked beans, tomato, and toast	24
Els Club Breakfast [N] Grilled minute steak, sunny-side up egg, turkey bacon, baked beans, and toast	28

Soups and Appetizers

Soup of the Day Chef's choice (may contain dairy & nuts)	12
French Onion Soup Served with cheese crouton	12
Creamy Mushroom Soup Served with garlic bread	12
Tom Yam Soup Kaffir lime & lemongrass flavored Thai soup with vegetables and chicken	12
Grilled Crisp Tofu Grilled tofu, sweet turnip, cucumber, bean sprouts, peanuts with rojak sauce	12
Caesar Salad Crispy romaine lettuce, onions, Japanese cucumber, boiled egg, cherry tomatoes, beef strips, and croutons, grated parmesan, served with caesar dressing	
Choice of Regular [V] Choice of Grilled Chicken Breast	20 26
The Lembah Club Salad Assorted mixed salad with onions, Japanese cucumber, boiled egg, cherry tomatoes, beef bacon, crouton, grated parmesan, served with balsamic vinegar and olive oil	
Choice of Regular [V] Choice of Grilled Chicken Breast	22 28

TroonFIT Dishes under 500 calories

[S] Spicy **[N]** Nuts **[V]** Vegetarian **[*]** Vegetarian options available All prices are quoted in Ringgit Malaysia and subject to 6% SST and 10% Service Charge



FRIES PLATTER

A delightful mix of Smiley Fries and crispy Shoestring Fries.

CHEESE HOT DOG

Served with Smiley Fries and a side of coleslaw

CHICKEN NUGGETS

Served with Smiley Fries an a side of coleslaw

KIDS BURGER

Choice of chicken or beef, served with french fries

SPIDER WEB

Beef bolognese spaghetti, topped with grated Parmesan

KIDS FRIED RICE

Flavourful Chinese-style fried rice, served with fried egg

FISH N CHIPS

Crispy, golden-battered fish, served with a side of french fries and coleslaw

*This menu is only available for children aged 6 and below. *The price shown above is subject to 6% SST and 10% service charge.